

Discrimination is Against the Law

Bangor Nursing and Rehabilitation Center complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex (including pregnancy, sexual orientation, and gender identity)

consistent with the scope of sex discrimination described at 45 CFR § 92.101(a)(2).

Bangor Nursing and Rehabilitation Center does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex (including pregnancy, sexual orientation, and gender identity).

Bangor Nursing and Rehabilitation Center:

- Provides people with disabilities reasonable modifications and free appropriate auxiliary aids and services to communicate effectively with us, such as:
 - o Qualified sign language interpreters
 - o Written information in other formats (large print, audio, accessible electronic formats, other formats).
- Provides free language assistance services to people whose primary language is not English, which may include:
 - o Qualified interpreters
 - o Information written in other languages.

If you need reasonable modifications, appropriate auxiliary aids and services, or language assistance services, contact the Section 1557 Coordinator at:

CivilRightsCoordinator@covh.org

If you believe that **Bangor Nursing and Rehabilitation Center** has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: **Section 1557 Coordinator, 172 Kinsley St., Nashua, NH 03060, 603-882-3000, ext. 63863, TTY: 603-595-3328, CivilRightsCoordinator@covh.org**. You can file a grievance in person or by mail, or email. If you need help filing a grievance, **the Section 1557 Coordinator** is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services

200 Independence Avenue, SW
Room 509F, HHH Building, Washington, D.C. 20201
1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at

<http://www.hhs.gov/ocr/office/file/index.html>.

This notice is available at our website:

www.bangornrc.com